

## **CF10 ARMS PARK RUGBY TRUST**

### **ELECTION NOMINATION FORM**

**Lynn Glaister's Statement:** (should be at least 400 words long and no longer than 1000 words)

I can't pretend to be born and bred loving rugby, like so many of you. I only discovered rugby union when I moved to Cardiff 31 years ago (having previously lived in the rugby league and football supporting north!

I have been a regular since that time. I have followed Cardiff, and then the Blues, across Europe with my husband (sadly now deceased). I live in Cathays and my other interests include music, politics, and real ale! My career has included being a Training Officer, a manager for an insurance company in various departments and I currently work for a South Wales Member of Parliament as her Senior Researcher and Office Manager.

I am standing for the board as I believe I have a wide range of skills that will benefit the trust and meet the required competencies for a Board Member. As a member of the working group I have been part of the team responsible for communications, especially the social media. I am a team player, but also not afraid to challenge where necessary. I will make my own mind up on issues after listening to all sides.

I believe the supporters voice should and must be heard. In an era when we rely on benefactors or corporate organisations to finance our clubs it is increasingly more difficult to ensure supporters wishes and needs are met. It is important that we have a powerful independent voice that is committed to finding out what the supporters views are and then to feed this back to the club, this Trust give us an opportunity to have such a body.

I also believe that the make-up of the board should reflect the demographics of our support. Even though it can seem like Rugby is a man's world women do have a place in rugby, as players, supporters and administrators to name just a few ways to be involved. I want to help encourage more women to get involved in supporter's organisations and that is why I joined the CF10 Arms Park Trust.

I am fully committed to our club and want to see it thrive. I have watched Cardiff and Wales all over Europe, I have seen the highs and the lows. I have watched us lift cups in Marseille and Twickenham. I just love the game. I understand the need for progress, but also respect the past. I want our club to succeed again, to achieve the highest level we can, and I want the fans voices heard by the Directors. Thank you for considering my nomination.